

Word of God Ministry Church Under The Son

Reverend Bill Inman

Telephone 817-239-8677

Post Office Box 185292 • Fort Worth, Texas 76181-0292

RevBill@WOGM.net • www.WOGM.net

Abuse Victim

Only a small percentage of domestic abuse cases are ever brought to light - whether abused wives, husbands, girlfriends, boyfriends, or children. Physical, sexual, verbal, and emotional abuse may continue for years. Victims of abuse are in every socioeconomic level and in all educational, racial, and age groups. Christians are not immune.

If you are in an abusive situation, we are thankful you are looking to God's Word for help. The first step is to realize God's great love for you and the price He paid for you. When you have a relationship with God through Jesus Christ, the Holy Spirit lives in you and gives you power and strength for your life.

If you are the victim of abuse, you may suffer low self-esteem, depression, and a variety of stress related disorders and illnesses. You may feel trapped and vulnerable and unable to objectively assess your own situations or make decisions. You may cling to the vague hope that that change is "just around the corner" with a martyr-like endurance and frustration, often assuming responsibility for your abuser's behavior.

Many abusers, especially parents, do not realize that they are being abusive. Abusers seldom change unless exposed and subjected to legal action. Often this is the only impetus that can help them face the destructive patterns of their lives.

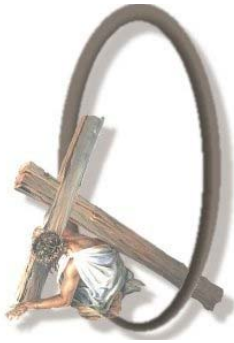
- Courage To Face Abuse

Psalm 34:4 I sought the Lord, and He heard me, And delivered me from all my fears.

You are not alone; many others have gone through abuse similar to what you have experienced. You may be finding it hard to express yourself in a healthy way and realize your God-given value as a person.

You are encouraged to talk with your Pastor, a Christian Counselor, or a mature Christian friend (of the same sex) whom you feel you can trust and begin to talk about what you are going through.

Abuse Victim



Word of God Ministry Church Under The Son

Reverend Bill Inman

Telephone 817-239-8677

Post Office Box 185292 • Fort Worth, Texas 76181-0292

RevBill@WOGM.net • www.WOGM.net

You do not “deserve” the treatment you have experienced; God does not want you to be a victim. He wants to give you courage to deal rightly with your situation. Though your abuser may blame you and justify his or her actions against you, the abuse is not your fault, and it must stop. Pray for the courage to be decisive and firm. The actions your abuser is taking against you are illegal and could even lead to his or her imprisonment.

- Taking Action

Daniel 2:22 ²²He reveals deep and secret things; He knows what is in the darkness, And light dwells within Him.

God knows what you have been going through, though it may have been hidden from others. You must contact your Pastor or a family services office and tell the truth about the abuse you have experienced or are experiencing. They will be able to help you sort things out and find a safe place to do so. You must take immediate and decisive action. You are the only one who can stop the cycle of abuse you are experiencing - others can help you, but you must take the first step. Pray and ask God for the courage and strength to take this step. *“Trust in the Lord with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths” (Proverbs 3:5, 6).*

Victims of abuse are usually emotionally isolated and have little contact with family. An abused husband or wife may take three or four months of counseling - even after they have been separated from their tormentor - before they can break through and begin to heal emotionally. Only when they and their children are in a safe place where the spouse cannot reach them and they have had time to reflect and sort out their feelings will they be able to express their anger.

As you begin to deal with the abuse you have experienced, continue to receive counseling from your Pastor or a qualified Christian Counselor. You will also need emotional support from others. It is important to be involved in your Church where you can grow in your faith and understanding of God and build supportive friendships with other believers. Be sure that you are studying the Bible and spending time with God in prayer personally, as well. This will give you comfort and spiritual strength.

Abuse Victim

Page 2